## DEPARTMENT OF THE ARMY U.S. ARMY 5<sup>TH</sup> BRIGADE WESTERN REGION JROTC PROGRAM CROSBY HIGH SCHOOL 14703 FM 2100 CROSBY, TEXAS. 77532

CHS-JROTC 13-14 28 August 2013

**SUBJECT:** JROTC / LOTC 2013-2014 Orienteering Team

- 1. **Purpose.** To inform you and the CHS JROTC and CMS LOTC Cadets about Orienteering and the upcoming meets.
- 2. Orienteering is a competitive outdoor activity using a map and compass to navigate to a series of control points. At each control point, the competitor punches a control card. The individual visiting all the points in the fastest time is the winner.
- 3. Orienteering is a sport with people of all ages and skill levels, competing in local, national and worldwide events. Orienteering is becoming very popular with JROTC units. There are local, regional and national orienteering competitions with competition categories specifically for JROTC.
- 4. Individual cadets can become competitive in a short period. By conducting or attending just a few hours of training and a couple of local competitions the cadets can bring home orienteering medals! Reaching a competitive level comes much quicker than most other teams.
- 5. What will I gain from being on the CHS JROTC / CMS LOTC Orienteering Team?
  - a. Orienteering fits perfectly into the leadership and academic goals of the curriculum.
  - b. Particularly in geography, math, and science.
  - c. Alternative cadet activity to Drill Team.
  - d. Cadets develop critical thinking skills.
  - e. Builds teamwork.
  - f. Increases physical fitness.
  - g. No special uniforms required.
  - h. Develops navigation and map reading skills.
  - i. It is FUN!
- 6. What is the cost to me?
  - a. There is no cost to the Cadet. Raising money through fundraisers JROTC is able to pay the entry fees. CHS JROTC supplies all equipment.

## 7. Tell me about Competitions

- a. Most competitions will be hosted by local orienteering clubs and are open to both club members and non-members.
- b. The clubs have web sites that list their competition schedules, fees, directions to event, etc.
- c. There are several courses at a competition based on difficulty and distance covered.
- d. The courses can be identified by color. From easiest to most difficult these courses are: White, Yellow, Orange, Brown, Green, Red, and Blue.

- e. JROTC cadets typically compete on the Yellow, Orange, Brown, or Green course.
- f. Yellow Course, beginner difficulty 3-5 K, 30-45 minute winning time
- g. Orange Course, intermediate difficulty 4.5-7 K, 50-55 minute winning time
- h. Brown, 4-5 K, 45-50 minute winning time
- i. Green, 4-7 K, 50-55 minute winning time
- j. You then go to the start point where competitors are started at 3 minute intervals.
- k. There is usually a 3-hour time limit.
- 1. You get to pick your own route to the control points, but you must go to each control in a numerical sequence.
- m. As you reach each control point, identified by an orange and white marker, you will use the plastic punch hanging with the marker, to punch your control card.
- n. The punch makes a unique pin pattern on your control card. This proves that you were actually at the control point.
- o. When you reach the finish point, you will turn in your control card to the finisher.
- p. The finisher will record your time and check your control card against a pre-punched master.
- q. The individual with the fastest time visiting all the control points wins.
- r. Crosby JROTC has set strict guide lines in preparing you to compete in Orienteering, everyone must complete the required training before
- 8. What are the dates of the upcoming competitions?

## 14 Sept 2013.

- 9. This is a great opportunity for our cadets to be part of a team at Crosby High School and Crosby Middle School. If you would like for your Cadet to attend the Orienteering Meet at Challenger 7 Park in Webster, TX 14 September 2013, please complete the attached registration form, and return it to me no later than Tuesday 4 Sept 12 the first day of practice. This will give me time to get the forms returned to the Houston Orienteering Club by the deadline.
- 10. Point of contact for the Army JROTC Orienteering Team is SFC Timothy Meadows, 281-328-9237 ext. 1875, 281-216-5082 cell, or email tmeadows@crosbyisd.org.

**Timothy Meadows**TIMOTHY A. MEADOWS
SFC (R), USA
AI