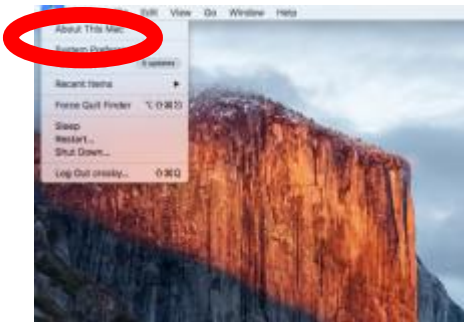# MAC OS software update

1. Click on the apple at the top left of the screen

2. Select about this mac

3. Click software update

4. When the App store opens you will see mountains and macOS Sierra. To the right of that says INSTALL Click install

5. After you click INSTALL it will download the update
6. After the download is complete **you will need to tell it to restart and install.**
7. The whole process should take about 45 min to an hour. It is best to have your device plugged in.
8. After it installs, log back in, and click on the apple at the top left

9. Click on about this mac

10. You have updated if it says macOS Sierra