

## Helpful Resources

### Medical Care

#### **AIDS Foundation of Houston**

<http://www.aidshelp.org>  
713-623-6796  
3202 Wesleyan Annex  
Services: housing, financial assistance, food pantry, legal aid, transportation

#### **Baylor Teen Clinics**

1504 Taub Loop 713-873-3601  
8111 Lawn 281-847-9970  
5656 Kelley 713-566-5612  
5737 Cullen 713-440-7313  
3815 Cavalcade 713-673-1655  
Services: Free HIV/STD/pregnancy testing and counseling  
Mon-Thurs. 8am - 6:30.

#### **Houston Women's Clinic**

[www.houstonwomensclinic.com](http://www.houstonwomensclinic.com)  
713-868-4483  
4820 San Jacinto  
Free pregnancy testing  
M-F 8am-5pm; Sat 8a-1p.

#### **Planned Parenthood**

[www.pphouston.org](http://www.pphouston.org)  
713-535-2400  
4600 Gulf Freeway  
Services: Sex education, Free birth control, Medicaid assistance. Pregnancy tests, pill refills, emergency contraception

#### **Legacy Community Health Services**

[www.legacycommunityhealth.org](http://www.legacycommunityhealth.org)  
General Information: 832-548-5000  
1415 California St 832-548-5100  
6441 High Star Dr. 832-548-5300  
6500 Rookin St. Bldg B Ste 200  
6550 Mapleridge St., Ste 106  
713-779-7200  
12667 Bissonnet St 281-498-6100  
5602 Lyons Ave 832-548-5400  
4301 Garth Rd Ste 400  
281-420-8400  
6730 Independence Blvd  
281-628-2020  
4450 Highland Ave 409-242-2525  
3030 North St. Ste 310  
409-242-2577  
2225 Calder Ave 409-242-2600  
Services: adult primary care, pediatrics, OB/GYN and maternity, behavioral health, dental, vision, vaccination and immunization, HIV/STD screening and treatment.

### Dental Care

#### **Harris County Health Department**

[www.hcphes.org](http://www.hcphes.org)  
Appointments: 713-212-6800  
Antoine Health Center  
5815 Antoine, Houston 77091  
713-602-3355  
Southeast Health Center  
3737 Red Bluff, Pasadena 77503  
713-740-5013

#### **San Jose Clinic**

<http://www.sanjoeseclinic.org>  
713-228-9411  
2615 Fannin St., Houston 77002  
Hours: 8 am-5 pm.

#### **University of Texas Dental School**

[www.db.uth.tmc.edu](http://www.db.uth.tmc.edu)  
713-486-4000  
7500 Cambridge St, Houston 77054  
Open M-F, 8:30-3p. Closed Mondays during the summer

### Food & Clothing

#### **Fletcher Mission Center:**

1913 Fletcher St. 77009  
[www.missioncenters.org](http://www.missioncenters.org)  
713-227-6371  
Services: ESL classes with daycare, clothing, programs for children, pre-teens, teens, and young adults..

#### **St. John's United Methodist Church**

713-659-3237  
2019 Crawford, Houston 77002  
[www.stjohnsdowntown.org](http://www.stjohnsdowntown.org)  
Food & Clothing Distribution  
Program: food and clothes are given out each Weds at 7am.

#### **South Main Emergency Aid Coalition**

<http://www.eachouston.org>  
713-528-3663  
5401 Fannin, Houston 77004  
Services: Food Panty Sack Lunch  
M-F 11am-1pm, Sun 12:15-1pm.  
Help with groceries  
M-F 9:30am-12pm  
Clothing Center  
Monday-Friday 9:30am -12pm  
First Presbyterian Church  
5100 Travis 77004  
Services: birth certificates, driver licenses, photo identification aid.  
Tues and Thurs.9:00-11:30 am

#### **Food Stamp Offices:**

Texas Department of Human Services Information: 211 Clients will be issued a Lone Star Card  
M-F 8-5

#### **House of Amos**

<http://www.houseofamos.org>  
281-495-9061  
8030 Boone Road, Houston 77072  
Services: emergency food pantry.  
Mon-Thurs 9-12pm & Sat 10-12pm  
Computer classes, immunizations, ESL classes for adults  
M-Th 9a-12p & 6p-9p  
Citizenship classes  
Tues and Thurs 9a-12p

#### **Loaves and Fishes**

<http://www.magnificathouse.org>  
713-224-1373  
2009 Congress, Houston 77002  
Services: hot meal  
Tues - Sat, 11:30 -Sun, 10:45  
Women's Emergency Shelter:  
3:30pm-4:30pm check-in time.

#### **Champions Community Center**

[www.champcenter.org](http://www.champcenter.org)  
281-893-1900  
13111 Bammel N. Houston, Houston  
Services: community service opportunities, information and referral services, and recreation services for youth, counseling services, food pantry.

#### **United Way Helpline**

[www.unitedwayhouston.org](http://www.unitedwayhouston.org)  
211  
Information on food pantries according to zip codes

### Shelters

#### **Covenant House**

713-523-2231.  
<http://www.covenanthousetx.org>  
1111 Lovett, Houston 77006  
Crisis Hotline: 800-999-9999  
Services: Counseling, information and referral for runaway and homeless youth ages 18-21.

#### **Coalition for the Homeless**

<http://www.homelesshouston.org>  
713-739-7514  
600 Jefferson St., Suite 2050,  
Houston 77002

#### **Magnificent House**

<http://www.magnificathouse.org>  
713-520-0461  
3300 Caroline, Houston 77004  
Services: Shelters for the mentally ill, homeless & former offenders, HIV+/AIDS diagnosis. 4 men's and 2 women's shelters  
Myriam's Hostel for homeless girls  
713-224-1373

#### **S.E.A.R.C.H. Resource Center**

<http://www.searchhomeless.org>  
713-739-7752  
2505 Fannin, Houston 77002  
Full facility day shelter  
Mon - Fri only, 7:30a-4:00p.  
Services: dentist, HIV counseling, medical & psychological services, telephones, mailing address and voice mail for job leads, therapeutic child development.

#### **Star of Hope Women & Family Shelter**

<http://www.sohmission.org>  
Headquarters  
6897 Ardmore, Houston 77054  
713-748-0700  
Transitional Living Center  
6801 Ardmore, Houston 77054  
713-748-7242 Women and Family Emergency Shelter  
419 Dowling, Houston 77003  
713-222-2220  
Men's Development Center  
1811 Ruiz, Houston 77002  
713-227-8900  
Services: social services and medical clinic on site, social Security disability benefit specialist, VA benefits specialists.

#### **The Bridge**

713-472-0753. 3811  
Allen Genoa Rd., Pasadena 77504  
Emergency shelter  
Services: PIVOT program for male batterers, rape crisis counseling and accompaniment, sexual abuse groups, legal assistance, survivors of family violence support group.

### Violence Against Women Services

#### **Houston Area Women's Center**

<http://www.hawc.org>  
713-528-6798  
1010 Waugh, Houston 77019  
Domestic Violence/Family Violence Hotline  
713-528-2121  
Services: various support groups, counseling, Court Services provides education, advocacy, support.

#### **Justice for Children**

<http://www.justiceforchildren.org>  
713-225-4357  
2600 Southwest Freeway, Suite 806,  
Houston 77098  
Services: legal advocacy, public policy monitoring, mental health services, education, emotional support.

## Helpful Resources

### **Casa de Esperanza**

<http://www.casahope.org>  
713-529-0639  
PO Box 66581, Houston 77266-6581  
Services: care for children, temporary housing, testing and therapy for developmentally delayed, birth to 6 years.

### **Betty's Haven**

[www.northchannelcoalition.org](http://www.northchannelcoalition.org)  
281-457-6775  
PO Box 447, Channelview, 77530  
Shelter for abused women and children, 24-hour crisis service

### **Brazoria County Women's Center Hotline**

281-585-0902  
Hotline: 800-243-5788  
Main office  
PO Box 476, Angleton 77516  
979-849-9553  
Freeport 979-233-7174  
Brazosport 979-233-7174  
Pearland 281-485-0934  
West Columbia 979-345-5014  
Alvin 281-585-0904  
Services: shelter, counseling, support, and information on legal rights for abuse victims, crisis intervention for rape, suicide, and domestic violence. Bilingual offices

### **The Door (Shelter)**

[www.familytimeecc.org](http://www.familytimeecc.org)  
Helpline: 281-446-2615  
Family Time Crisis and Counseling Center  
101 Main Street, Humble 77338  
Shelter for battered women and their children  
Services: support groups, bilingual counseling, parenting course, anger management.

### **Houston Area Women's Center Helpline/Shelter Screening**

<http://www.hawc.org/>  
713-528-2121  
1010 Waugh, 77019  
Mon-Fri 8am-9pm, Sat. 8:30am-5:30pm  
Main Number  
713-528-6798  
Community Education  
713-528-6798 x2263  
Sexual Assault/Rape Crisis:  
713-528-7273  
Services: Shelter, counseling, clothing, case management  
Free walk-in counseling every Tuesday 1:30-6:00pm

### **National Teen Dating Abuse**

**Helpline**  
[www.loveisrespect.org](http://www.loveisrespect.org)  
866-331-9474  
24 hours / Teen services  
Online chat and text message services available. TTY: 866-331-8453 Text "love is" to 77054.

### **Crisis Call Lines**

**Jason Foundation**  
Community Assistance Resource  
National: 800-784-2433 /800-SUICIDE  
<http://www.jasonfoundation.com>  
Local: 877-778-2275  
West Oaks: 6500 Hornwood, Houston 77074  
Cypress Creek: 17750 Cali Drive, Houston 77090  
Kingwood Pines: 2001 Ladbrook Dr, Kingwood 77339

### **Gay and Lesbian Switchboard of Houston**

[www.gayswitchboardhouston.org](http://www.gayswitchboardhouston.org)  
713-529-3211  
Services: telephone counseling and I&R services by volunteers.  
24 hours/day

### **National Center for Missing and Exploited Children**

<http://www.missingkids.com>  
800-843-5678  
Provides assistance to parents and law enforcement for missing and exploited children, Cyber-tip line

### **Rape Hotline**

<http://www.hawc.org>  
713-528-7273 / 713-528-RAPE  
Services: counseling, information concerning legal and medical procedures.  
24 hr.

### **Runaway Switchboard**

[www.1800runaway.org](http://www.1800runaway.org) TX  
Hotline: 888-580-4357  
National: 800-786-2929  
Services: counseling and referral.

### **Emergency Psychiatric Services**

**Ben Taub Psychiatric Center**  
713-873-4900  
1502 Taub Loop  
Outpatient Psychiatric Clinic  
713-873-5130  
Outpatient children's services  
713-873-4900

### **Ben Taub Hospital**

<http://www.hchdonline.com>  
713-873-2000  
1504 Taub Loop, Houston 77030  
One ward for 72 hour diagnosis for patient in crisis in the Neuropsychiatric Center (not in Ben Taub proper).

### **Substance Abuse**

**Association for the Advancement of Mexican Americans (AAMA)**  
<http://www.aama.org>  
713-926-9491  
204 Clifton, Houston 77011  
Services: crisis and runaway counseling, emphasis on alcohol and inhalant abusers, home visits, alternative high school, outpatient substance abuse program in Spanish, HIV outreach and testing.

### **Runaway Services**

**CYS Safety Net Program**  
713-295-2548  
Services: adolescent runaway and youth homelessness prevention.

### **CPS**

**Children's Protective Services:**  
Department of Family and Protective Services  
To report allegations of abuse and neglect: 800-252-5400  
2525 Murworth, Houston 77054  
Administrative Office  
713-394-4000

### **Legal**

**American Civil Liberties Union (ACLU)** 713-942-8146  
[www.aclutx.org](http://www.aclutx.org)

### **Cathedral Justice Project**

[www.cjphouston.org](http://www.cjphouston.org)  
713-220-9780  
1212 Prairie, Houston 77002  
Services: legal assistance for homeless and low income veterans, misdemeanor tickets in any jurisdiction.

### **Human Trafficking Services**

National Human Trafficking Resource Center  
888-373-7888  
Text: BeFree (233733)  
Report tip, connect with services, training and technical assistance

### **Veteran Services**

Help for Homeless Veterans  
877-4AID-VET  
877-424-3838  
[va.gov/homeless](http://va.gov/homeless)  
Access VA's services for homeless and at-risk veterans  
Available 24/7

### **Homeless Veteran Chat**

[www.veteranscrisisline.net](http://www.veteranscrisisline.net)  
Confidential online support or veterans and friends  
24/7