CHS Swim

Kingwood Park High School. DISTRICT MEET, January 25th

Leave from CHS gym @ 6:30 am

 **\*be there no later than 6:20 am**

We will stop for breakfast on the way @ Chick-fil-A on West Lake Houston Pkwy

Arrive at Kingwood Park High School, no later than 8:30 am

 Address: 4015 Woodland Hills Dr, Humble. TX 77339

Warm-up @ 9:00 - 9:30 am, lanes 1-2

MEET STARTS @ 10:00 am

Order of Events

200 Medley Relay

200 Freestyle

200 IM

50 Freestyle

BREAK – no diving

100 Butterfly

100 Freestyle

500 Freestyle

200 Freestyle Relay

100 Backstroke

100 Breaststroke

400 Freestyle Relay

NO LATER THAN 3 PM FINISH

Teams will sit on right side in stands, parents & spectators will sit on the left – **GET THERE EARLY IF YOU WANT A SEAT!**

\*parents present may sign out their swimmers at conclusion of the meet and presentation of awards – no sooner

\*notes must be received no later than Friday, January 24th

\*Snacks and lunch will be provided

Coach Sloan’s cell, (254) 495-5471



CODE RED – God. Family. Team.

Travis Anderson

1. Men’s 50 Freestyle

2. Men’s 100 Freestyle

Will Glenn

1. Men’s 200 Medley Relay (freestyle)

2. Men’s 50 Freestyle

3. Men’s 200 Freestyle relay (4th leg)

4. Men’s 100 Freestyle

Luis Ibarra

1. Men’s 200 Medley Relay (breast)

2. Men’s 200 Freestyle Relay (2nd leg)

3. Men’s 100 Breaststroke

Justin Sexton

1. Men’s 200 Medley Relay (backstroke)
2. Men’s 50 Freestyle

3. Men’s 200 Freestyle Relay (1st leg)

4. Men’s 100 Backstroke

Shelby Dees

1. Women’s 100 Freestyle

Veronica Jacobson

1. Women’s 100 Freestyle

Emma Lengacher

1. Women’s 200 Medley Relay (Freestyle)

2. Women’s 50 Freestyle

3. Women’s 100 Freestyle

4. Women’s 200 Freestyle A Relay (3rd leg)

Isabel Londrigan

1. Women’s 200 Medley Relay (fly)

2. Women’s 50 Freestyle

3. Women’s 100 Butterfly

4. Women’s 200 Freestyle A Relay (1st leg)

Darrian Page

1. Women’s 200 Medley Relay (breaststroke)

2. Women’s 100 Breaststroke

Samantha Speer

1. Women’s 200 Medley Relay (back)

2. Women’s 50 Freestyle

3. Women’s 200 Freestyle A Relay (4th leg)

4. Women’s 100 Backstroke

Elizabeth Victorio

1. Women’s 100 Breaststroke

Janet Victorio

1. Women’s 100 Breaststroke

Allison Whitworth

1. Women’s 50 Freestyle

2. Women’s 200 Freestyle Relay (2nd leg)

Sierra Wilkinson

1. Women’s 100 Freestyle
2. Alternate for BOTH relays (REGIONALS)

Brennen Baird

1. Men’s 200 Medley Relay (fly)

2. Men’s 100 Butterfly

3. Men’s 200 Freestyle Relay (3rd leg)

4. Men’s 100 Breaststroke

Jake Rawls

1. Men’s 50 Freestyle

2. Men’s 100 Freestyle

3. Alternate for BOTH relays (REGIONALS)

Info for Team Dinner

Friday, January 24th @ 5:30 pm

**MANDATORY**

Coach Sloan’s House

208 Pine Forest, Crosby, TX 77532

(informal directions: Take 2100 toward Huffman, before Foley Rd. take the left onto Pine Forest – right before the Valero station, first house on the right – red brick with white pillars)

* Please park in the lot next to my house, empty with a BIG carport

\*bring nothing but yourself

\*informal attire (I will be wearing sweat pants and a t-shirt)

\*no parents or friends, TEAM only

URGENT

Small dog, Zoey, barks and is rude

Small cat, Zippo, will kill … leave her alone

Lasagna SUPER tasty – if allergic, my apologies

I’M EXCITED!!!