



The Cougar Beat

Crosby Middle School
Newsletter

December 2012 and January 2013

Upcoming Events

- Dec 4 ~ Theater UIL Auditions
- Dec 13 ~ Christmas Band Concert @CMS
- Dec 14 ~ Christmas Party-7th period
- Dec 19 ~ NO LATE ARRIVAL
Final Exams (2, 4, & 6)
- Dec 20 ~ Final Exams (1 & 3)
- Dec 21 ~ Final Exams (5 & 7)
- Dec 24~Jan 7 NO SCHOOL
- Jan 8 ~ Spring Semester Begins
- Jan 21 ~ MLK Holiday

For more events check the CMS website

Believe. Achieve. Succeed!

Visit us on the Web!

www.crosbyisd.org

You can get your students' teacher's email addresses, check grades, and get the lunch calendar, and much more at any time!

Test Taking Tips

Physical Readiness

1. Get a good night's sleep.
2. Eat a nourishing breakfast.
3. Wear comfortable clothing, but within dress code.
4. If you are supposed to wear glasses, wear them.

Reduce Anxiety

1. Study in chunks; don't wait until the night before to cram for a big test.
2. Be on time.
3. Don't rush through the test, but don't dally either.
4. Don't worry about the whole test at once—tackle questions one at a time.
5. Don't panic if you have a memory lapse or mental block. This is a normal occurrence. Go on to the next item and come back to the trouble spot later.
6. Don't expect to know the answer to every question. Expect some items to be too hard. Just do your best.
7. Think positively.
8. Don't give up!

****Believe** Achieve** Succeed****

CMS Drama Department

UIL One-Act Play

see Mrs. Newberry for more information



UIL Academics

see Mrs. Pharis for more information

Nurse's Notes

Flu season is here. Here's what you can do.

1. **STAY INFORMED**

TexasFlu.org is the DSHS site for flu information in Texas. Bookmark it. Sign up to receive [Twitter](#) and [e-mail notices](#) when information is posted. Dial 2-1-1 for flu information and vaccination locations.

2. **GET vaccinated**

Get a flu vaccination now. It's the best way to protect yourself and others.

3. **STOP THE SPREAD**

Wash your hands frequently. Cover your coughs and sneezes. Stay home if you're sick. Have a plan to care for sick family members at home.

Questions contact Mrs. Fontenot, 281-328-9264 ext. 1713

FINAL EXAMS

Dec.19-21

Wednesday, 12/19 dismissal 11:40 AM

No late arrival

Exams 2, 4, and 6

Thursday, 12/20 dismissal 10:15 AM

Exams 1 & 3

Friday, 12/21 dismissal 10:15 AM

Exams 5 & 7

CMS Cougar Basketball Games

Girls- Mondays & Wednesdays

Boys- Thursdays

Check the CMS Athletic website for times, dates and locations

GO COOGS! CODE RED!

8th Graders

Friday, January 18th- Texas Scholars Program

Week of January 28th- CHS Counselors will be on campus to register for your 9th grade classes.