



Crosby Independent School District

DISTRICT COUNSELING

Crosby ISD Counseling Department will follow the district guidelines for a healthy and safe return to school for all students and staff in the 2021-2022 school year. In addition, the following interventions will be utilized to address the social, emotional, mental health and physical wellness of our students and staff:

- Individual Counseling
- Group Counseling
- Wellness check phone calls for students with acute health needs
- Home visits to disengaged or chronically absent students
- Use a newly designed needs assessment that addresses both physical and mental wellness indicators and to create Wellness Recovery Teams at every school
- Continue the use of social emotional curriculum *Core Essentials*
- Utilize Schoology to provide lessons to students on Mental Health and SEL competencies in the classroom
- Ensure that students and staff have access to mental health supports and resources
- Provide staff professional development to help understand the prolonged effect on students' mental health and social/emotional wellness